

# Appetizer

Add Honey Smoked Salmon or Shrimp for \$9 & Marinated Grilled Chicken Breast or Tofu for \$5

# Signature French Onion Soup Gratinee \$11

House-made Soup du Jour \$10

Southwestern Shrimp Cocktail \$16 GF

Seasoned Shrimp w Southwestern Cocktail Sauce

Elote Caesar \$13

Romaine hearts, Spiced Dressing, Corn Blue Cornbread Croutons, Cotija Cheese, Spices

Spinach Salad \$13

Apple, Bacon, Fried Leeks, Gorgonzola
Apple Walnut Vinaigrette

# El Tovar's Signature Chili

Beef & Pork Chili \$14

Simmered Beef & Pork Loin Chili, Steamed Rice, Cheddar, Red Onions Green Chili Cornmeal Muffin

Vegetarian Chili \$13 V

Stewed Kidney, Black, Tepary & Garbanzo Bean Chili Vegetable, Steamed Rice, Cheddar, Red Onions Green Chili Cornmeal Muffin

\*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness especially
if you have certain medical conditions.

GF Gluten Free V Vegetarian VG Vegan

Vegetarian and Gluten-free variations are available upon request but we cannot guarantee that meal preparation or meals will be allergen or gluten-free while precautions will be taken. Allergen information for all food available upon request.

El Tovar Lunch Menu Spring 2025



## **Sandwiches**

Choice of side: House-Made Pickled Vegetables, Tossed Greens, Fries, Fruit Salad, Soup or Daily Chef's Vegetables

#### Lobster Roll \$26

Chunky Northeastern Lobster Salad, Brioche, Lettuce, Old Bay

# Croque Monsieur \$20

Sourdough, Gruyere, Ham, Béchamel

## \*French Onion Burger \$19

House-Made Ground Beef Patty, French Onion Aioli, Lettuce Caramelized Onions, Cherrywood Smoked Bacon, Gruyere Cheese Brioche Bun, Choice of Side

#### Morning Star Black Bean Burger \$18 V

Smoked Paprika Aioli, Lettuce, Tomato, Onion, Sharp Cheddar, Hatch Green Chile

#### Cilantro Lime Chicken Salad Sandwich \$17

Lettuce, Tomato, Onion, Roasted Red Peppers, Ciabatta Roll

# Garden Entree

### Forage Plate \$20 GF, VG

Roasted Sunchokes, Charred Green Onions, Roasted Mushrooms Arugula, Micro Greens, Amaranth, Prickly Pear Dressing

### Mediterranean Salad \$18 GF, V

Chopped Romaine, Spinach, Cucumber, Kalamata Olives, Roasted Red Pepper Chickpeas, Red Onion, Tomato, Feta Cheese, Lemon Vinaigrette

### Summer Salad \$17 V, GF

Heirloom Tomatoes, Watermelon Radish, Arugula, Beets, Goat Cheese Pumpkin Seeds , Red Onion ,Lemon Herb Vinaigrette

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# Entrée

Served with Chef's Daily Vegetables

# \*Seared Steelhead Trout \$34

Citrus Agave Glaze, Blue Corn Nokake, Cactus Caviar

#### Elk Bolognese \$29

Tomato Ragout, Ground Elk, Fresh Mozzarella Shaved Parmesan, Fresh Basil, Bucatini, Toasted Garlic Bread

# Signature Beef Stroganoff \$24

Brandt Beef, Mushroom Rich Brown Sauce Bed of Egg Noodles

#### Chicken Paillard \$22 GF

Poblano Peach Chutney, Arugula, Ancient Grains

## Traditional Navajo Taco \$22

Fresh Made Fry-Bread w choice of Ground Beef
Tepary Beans or Vegetarian Chili, Shredded Cheddar
Red Onion, Tomato, Chopped Lettuce
Avocado, Sour Cream, Fresh Salsa

## Lemon Garlic Cream Pasta \$22 V

Bucatini Pasta, Seared Trumpet Mushrooms Spring Peas, Parmesan, Toasted Garlic Bread

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